#### **Kelly Lush**

From: Community Living Kincardine & District <aswan@clkd.ca>

**Sent:** December 1, 2022 10:00 AM

To: Kelly Lush

**Subject:** CLKD's December 2022 newsletter is here!







December 2022 Newsletter

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Inspiring Possibilities

An Inclusive Caring Community.



## **Speaking Out**





David Schell was a participant in the CLKD Public Speaking courses offered throughout the last few years. The goal of these course was to help people feel comfortable speaking up, advocating for themselves and to feel comfortable public speaking. During the course, David wrote, and spoke about, the tragic loss of his brother. After sharing his story with CLKD, he decided he wanted to share it even further and sent in an application to speak at the annual "Speaking Out" conference. Speaking Out is an annual conference held in Port Elgin that is organized and planned by self advocates all over Southwestern Ontario. These self advocates tackle a range of topics including rights, community inclusion, effective advocacy, and language.

"Talking at the Speaking Out Conference was good. I'm happy with how it went and it felt good to get to tell my story and I hope it will help others find hope if they are going through the loss of a loved one. I also hope, by sharing my story, it will help to lessen the stigma around mental health.

The public speaking course CKLD put on before Covid was really good and later the expression sessions and advocacy sessions on Zoom during Covid gave me the chance to write my story down. Working with Stacy was great and she helped me a lot in this. I thought it was pretty cool that she asked if I would like to speak at the conference and I am glad I got to do this." said David.

David's Parents, Laurie and George had this to say: "There is so much grief when a loved one dies. The tragic loss of our son Trevor changed all our lives. Years go by and as we continue on with new adventures and experiences he remains ever present in our hearts and memories

but we will always miss him being here. These feelings can intensify at times, like Christmas, when families traditionally gather.

We are so pleased that David chose to speak about his feelings and how his life has unfolded since the loss of his big brother. The courses offered him an opportunity to further transform this huge life altering experience into something that goes beyond grief into finding purpose through sharing. We think he expressed himself so well and gave such a positive perspective when he said: "Anyone that finds the holidays and Christmas especially hard should know they're not alone. I feel that pain every year, but it's ok and normal to also feel joy again. It's a new joy. It's a different type of joy, but you still wish they were part of it."

We feel very proud of David and grateful that Community Living offered these courses. We particularly appreciate Stacy's compassion and empathy in helping David find his way to bring his ideas forth."

### **Watercolour Classes**



I took a 6-week watercolor art class through Indie Rose in Kincardine. It began in October and finished up in the end of November.

I enjoyed doing the paintings. We painted a different picture each week.

I am planning to sign up for another art class in the new year, as long as it works with my family because time with my family is very important to me.

I learned some new techniques in the art classes and I am looking forward to using them to get really good at art.

Staff at the house I live at helped me each week to take pictures and asked me all about my art classes each time.

My first class was autumn themed. The second, third and fourth weeks were nature theme. We worked on scenery during the fifth week and I painted an island. The last week I painted the moon. This painting reminds me of the song where the dog jumps over the moon.

I am looking forward to going to London at the end of the month for the Vah Gogh Art Exhibit. I am also planning to stop at my cousin's restaurant; Formaggio's Pie Shack! It is a really good restaurant.

- Adam Dunlop

## **America's Musical Heritage with Extended Stay in New Orleans**









On day 1 we arrived in Nashville Tennessee, and stayed at the Gaylord Opryland Hotel. It was beautiful.

On day 2 we took a tour of Nashville, and went to RCA Studio B were Elvis recorded some of his biggest hit songs. We toured the Country Music Hall of Fame.

On day 3 we travelled to Memphis, and we went to Beale Street (the home of the blues). We then went to Sun Studios were Elvis got his first recordings done then on to Stax Records and Museum where many lack soul and blues artists recorded their songs; people like Isaac Hayes and Ike Turner, to name.

Day 4 we departed the hotel and went to Graceland, Elvis's home. It was fantastic! Across the road we saw Elvis's planes and his car collection.

Day 5 we departed Memphis and drove to Clarksdale Mississippi, and we went to the Delta Blues Museum. Clarksdale and area are home to many famous blues singers like Muddy Waters, Ike Turner, John Lee Hooker and Same Cooke, to name a few. The highlight of the day was lunch at Ground Zero Blues Club which is co-owned by movie star Morgan Freeman. A lady named La La Craig performed for us and she was amazing.

Day 6 we travelled to the B.B. King Museum in Indianola Mississippi and saw some great exhibits from one of the Blues greats. We saw where he is buried beside the museum also. From there, we travelled to Natchez Mississippi and stayed at the Magnolia Bluffs Hotel. That night we went to an antebellum plantation home for dinner and after they gave us a tour of the home; it was magnificent.

Day 7 we drove down the road to the Frogmore Cotton Plantation and Gins. We saw how they clean the cotton in the gins in present day and they showed us how they did it back in the 1800's. My mom and I picked some cotton from a cotton field, a couple of minutes was long enough for me, not like the 12 to 14 hours a day the workers had to put in back in the day. Each worker used to have to pick 4 seventy-five-pound bags a day (300 Lbs.) From there we drove to Lafayette Louisiana and visited Martin Accordions, a small family run business where they make world famous accordions. They gave us a musical show and then a tour to show us how the accordions are made.

Day 8 we travelled to Henderson La. and did an Atchafalaya Basin Swamp tour on a boat that held about twenty-five people. We saw eagles, a few alligators and some flying carp. A few of them hit our boat, made a big bang, and scared some of the ladies in the boat. From there we went and toured Houmas House, an old 18 century mansion with sixteen acres of lush gardens. It had an eight thousand square foot gift shop, which I really liked! Next we drove to New Orleans and checked into the Sheraton Hotel on Canal Street.

Day 9 we did a city bus tour of New Orleans, saw the French Quarter, toured an above ground cemetery, saw Bourbon Street and many more places, too many to mention! That night we had a farewell dinner at Tujague's Restaurant.

Day 10 we left the city and went on an airboat swamp tour. It was so cool! Our guide stopped the boat, and an alligator swam up to our boat and he fed him marshmallows. He scratched under his chin and petted him (carefully) on top of its head; he had obviously done this before.

I got to hold a baby alligator that the guide had in a cooler. My mom and dad didn't want to hold it haha!

Day 11 we went on a paddle-wheeler down the Mississippi river. Later we walked around the city, Bourbon Street, the French Quarter and many more streets. That night they had a big Hallowe'en Mardi Gras type parade where I got lots of beads and a bag full of candy and treats.

Day 12 we took a cab to Louis Armstrong International Airport and flew back to Toronto. We met new friends, 2 couples from the United Kingdom and 3 people from Australia.

- Ashley Armstrong

## **Social Skill Building with PEERS**



David, Sam, Jessica and Emmy, pictured here participating in the PEERS program to build social skills and learn about healthy relationships.

With the support of our **community partner Enbridge**, the Family Support department has been able to bring an exciting new program, called PEERS, to our community.

PEERS is an evidenced based social skills program that was developed at UCLA in California. Using a combination of role-plays, games, step-by-step guides and real world

practice, the PEERS program teaches skills that can help increase confidence in this area and work towards learning how to make and keep friends.

Since the beginning of October, a group has been meeting once a week to take part in PEERS. The skills they have been developing include: choosing appropriate friends, conversational skills, how to use electronic forms of communication appropriately and safely and how to enter and exit conversations.

There have been many laughs along the way, but more importantly, each individual is pushing himself or herself by trying to step out of their comfort zone to learn and practice some new skills. One individual said "It's scary trying to talk to a group. I can't do this!" After a few lessons, we hear... "Ahhhh I can do this" and they were willing to have a try! Next step is to take it out of the classroom and have the confidence to just give it a go!

Parents and supporters are closely involved with the program and encouraged to participate in weekly homework to help generalize and practice new skills.

One student let us know how proud they are of themselves "I have learned how to text my friends less and it works, thanks!" Their parent added, "They should be proud. This is something that has been a struggle for years (literally) with a number of different people. So any baby step is awesome"

There are still a few more weeks and more skills to learn such as how to handle rejection, teasing, bullying, and rumours/gossip. Comments such as "I love coming!" and "Oh, I **will** be here next week!" are good indications that the students are enjoying the experience.



### THANK YOU FOR YOUR SUPPORT!





## **THANK YOU!**

We raised \$6,670 to Support Youth Employment.

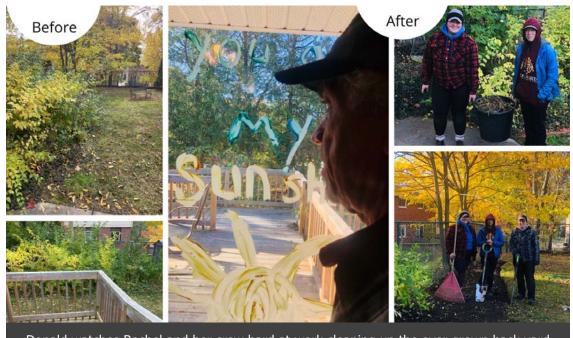




We are so thankful to be operating in a such a generous community. This year, **we raised \$6,670** to Support Youth Employment! Thank you to everyone who donated and shared our posts making this Giving Tuesday a huge success.

A special thanks goes out to our donation matching sponsors Matthew Moore of Moore Wealth Management of RBC Dominion Securities and Jennifer Cook of Jennifer Cook & Associates Inc. | Co-operators, who matched donations up to \$1,000 each.

## **Backyard Oasis Update!**



Donald watches Rachel and her crew hard at work cleaning up the over grown back yard and prepping new flowerbeds for spring planting.

We have progress! After much delay due to contractor demand, our Backyard Oasis Project is underway. Rachel Butorajac and her team took advantage of the nice fall weather to get the backyard cleaned up, trimmed back and new flower beds prepared for spring planting.

We are thrilled to announce that the new screened in gazebo for the backyard has also been ordered which will provide a comfortable outdoor space for relaxing and visits with family and friends.

A special thank you to everyone who donated during last year's Giving Tuesday event, and to Ontario Power Generation (OPG), who partnered with us on the landscaping to bring pollinator gardens to the backyard to enjoy.



## **New Learning Opportunities in the Transitional Apartment**









Community Living Kincardine & District (CLKD) partnered with Bruce County Housing to bring a collaborative approach to inclusion by offering a transitional apartment to people living with a developmental disability. This partnership provides a safe transitional space with supports available to individuals to gain independence and full integration in the community.

With this transitional apartment, we are able to offer a safe and comfortable apartment for people living with a disability to practice independent living before moving into a space of their own in the community.

Special thanks to the Harry E. Foster Foundation who supported the purchase of the kitchen items and to the Municipality of Kincardine Community Investment Grant for the purchase of living room and bedroom items from local Kincardine businesses.





## **John and Tyler Enhancing Their Kitchen Skills**













Over the past month, John and Tyler have been busy working on improving and learning new skills in the kitchen. Each week, the guys take turns with the keys and letting us into the building as well as the apartment.

They start off by choosing what to cook, going through weekly flyers to find the best prices for ingredients, and making a grocery list. Then they head over to the grocery store to shop for groceries. Tyler and John have enjoyed the shopping experience, eagerly collecting the items on the list (and maybe a few extras), they often have to be reminded that they only have so much money to spend!

While at the store, the guys work on comparing prices so they don't go over budget. Once the groceries have been purchased, it's back to the apartment to get started on dinner prep! Some of the skills that John and Tyler are working on in the kitchen are: hand washing, making sure prep areas are clean, cutting skills, using the oven (i.e., temperature setting, timer etc.), planning for the next week's meal and a final clean-up of the apartment. Sometimes there are leftovers, so John and Tyler get to take home their cooking for their families to try.

John and Tyler are non-verbal so, during this time, they have also been working on using Proloquo2Go to communicate with staff and each other. Proloquo2Go is a symbol-based communications App where users can select pictures to communicate. John and Tyler have used this app to tell us if they like or dislike a meal they made. Some of the meals they have made so far are: grilled cheese and Mr. Noodles, homemade pizza, fish sticks and potato wedges and pork kabobs with rice and mushrooms. The guys have been very engaged and seem to have really enjoyed making their own meals!

## **Gluten Free for the Holidays**



I first found out about being celiac when I was away for a day trip in Southampton with my parents. I had eaten something that didn't agree with me and I wasn't feeling well. I was used to eating breads, buns, chips, French fries and all that kind of stuff, but had to change what I was eating.

When I was first diagnosed as being celiac, I was still living at home and had my parents to help me. I had lots of appointments to meet with doctors and nutritionist specialists. I had to change what I was eating and drinking. I couldn't drink dark pop, like Pepsi or coke, and I had to start buying gluten free groceries. There are a lot more gluten free options out now than when I started eating gluten free.

I like going with my parents to conferences to learn new information, find out different things about celiac, being gluten free and what new things could help me.

Being celiac is ongoing. I see my doctors often and like to look up new recipes to try. I hope

you like the Turkey sausage with lima bean medley recipe I've shared!

*Did you know*: Because being celiac is a medical condition, we can save our grocery receipts to claim at tax time.

## **Turkey Sausage with Lima Bean Medley**

Makes 4 servings

•	2 tbsp	grapeseed Oil
•	1lb	turkey sausage
•	1 cup	sliced mushrooms
•	1/2 cup	chopped onion
•	1 cup	frozen chopped broccoli
•	1 cup	frozen lima beans
•	1 tbsp	chopped fresh parsley
•	1 tbsp	red wine vinegar
		salt and pepper to taste

- 1. In a large skillet, heat oil over medium heat. Cook sausage, breaking it up with a spoon for 7 to 10 minutes or until no longer pink. Using a slotted spoon, transfer to a plate lined with paper towels.
- Add mushrooms and onion to skillet; sauté for about 5 minutes or until mushrooms are browned and crisp. Add broccoli, beans, parsley and vinegar; sauté for 5 to 8 minutes or until tender. Return sausage to skillet and simmer, stirring, until heated through. Season to taste with salt and pepper.
- 3. Serve over rice. Enjoy!

#### Nutrients Per Serving:

Calories	280
Carbohydrates	16g
Fiber	4g
Protein	19g
Fat	16g
Iron	3mg
Calcium	58mg

#### **CLKD Staff Milestones**



**Congratulations** are in order for long-time employees, Sona Carroll and Leisa Showalter, who are both celebrating milestone years of service at Community Living Kincardine and District.

Sona started her career at CLKD in 1992, and is still going strong! Over the past 30 years, Sona has been a valuable member of the CLKD team and has helped people transition out of high school, build skills for independent living, pursue job opportunities and find connections in our community to live full and happy lives. Sona is a vibrant and engaging teacher, who trains all new CLKD staff in person-centered support principals, helping to make sure that all staff have the tools needed to provide the best supports and services possible. Sona brings a positive energy to the team dynamic, and her laughter is infectious throughout the office. She is willing to jump in to new situations with both feet and motivates others to do the same. Thank you for the compassion and kindness you bring to the work that you do, both with the people you

support and your colleagues at the office!

"Working at CLKD has been a very big part of my life. I consider myself to be lucky to have found a vocation that I love showing up for year after year. When I look back on my career at CLKD, I am proud of my work and my achievements over the past 30 years. It's been a journey full of lessons and growth, both personally and professionally. I am grateful for the many opportunities I have had to play a small role towards the success of the many people I have worked with." - Sona

Leisa joined the CLKD team in 2002 and is celebrating 20 years of service with us. Leisa started her career at one of our residential locations, and in 2008 joined CLKD's Supported Independent Living team. She has spent 20 years supporting people to live meaningful and independent lives both at home and in our community. Leisa is a passionate advocate and always goes the extra mile to make sure that everyone she supports have what they need to live life to their fullest. Leisa enjoys spreading cheer throughout the office, most notably bringing in her Guinea Pigs for a "Pigmas" celebration in which staff were able to take turns having a cuddle with her furry friends. Thank you for dedicating 20 years to promoting and supporting the wellbeing of others, Leisa!

"What keeps me here, coming to work every day, is the people I support. It's always been about the people."- Leisa

### Join Us December 10th!



We are thrilled to be able to bring back our **Community Christmas Celebration this year at the Davidson Centre on December 10th.** Children and their parent(s)/Caregiver(s) are welcome to join us for as much, or as little, of the celebration as they wish.

This event is free for all and does not require registration; just come and go as it suits your schedule. We will kick off the morning with Kindergym at 10:30 am. A light lunch of mini sandwiches and hot chocolate will be available over the lunch hour. Thank you to Sobeys who helped out with the lunch menu and a big thank you goes out to our friends at Tim Hortons Kincardine who so graciously donated the hot chocolate. We would also like to thank Bulk Barn Kincardine who helped us out with the cookies and decorating supplies.

Cookie decorating and crafts with Mrs. Claus will start at 11:30 am and run until skating starts

at 1:00 pm.

We are looking forward to a fun, festive event, full of holiday cheer!

#### **Upcoming Events & Activities**



### **International Day of Persons with Disabilities**

**December 3, 2022** 

International Day of Persons with Disabilities is about empowerment, and helping to create real opportunities for people with disabilities ensuring equal opportunities to participate for all.



#### **Inclusive Education Month February**

**Inclusive education** means that all students attend and are welcomed by their neighbourhood schools in ageappropriate, regular classes and are supported to learn, contribute and participate in all aspects of the life of the school.

To learn more about CLKD's services and events, visit our website!









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Our mailing address is:

Community Living Kincardine & District 286 Lambton St.
Kincardine, On N2Z 2Z3
Canada

Add us to your address book

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#### **Kelly Lush**

From: Regional Tourism Organization 7 <info@rto7.ca>

**Sent:** December 9, 2022 10:00 AM

To: Kelly Lush

**Subject:** RTO7's December 2022 Newsletter

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**DECEMBER 9, 2022** 

## **December 2022 Newsletter**

#### In This Newsletter:

- What's Going On...at RTO7
  - Add Your Promotion to BruceGreySimcoe.com Now
     Are you missing out on a FREE marketing opportunity?
  - It's Time to Plan Ahead with These RTO7 Programs:

T3 Accelerator

Partnership Program

- Tourism HR Canada Survey
- Funding, Professional Development & Business Support
  - Canada Summer Jobs Now Accepting Applications
  - Tracks Employment Services

- EmployerOne Survey
- Discover Disability Network
- Events
- In Case You Missed It
- News From Around the Region
- In Every Newsletter
- Not A Subscriber?

#### What's Going On...at RTO7

## Add Your Promotion to BruceGreySimcoe.com Now Are You Missing Out on a Free Marketing Opportunity?

In the first two weeks after the early winter campaign kicked off in mid-November, the Promotions/Tax Credit page became the #1 visited page on BruceGreySimcoe.com, with traffic (page views) increasing over 3000%\* over the previous two months. In addition, links out to partner websites listed on this page increased 400%\* over the same time period. Those numbers have remained steady in the following weeks, driving traffic to the websites of those listed on the page. Haven't listed your promotion yet? Stop missing out on this FREE opportunity to share your message! Add your promotion by logging into your operator profile on BruceGreySimcoe.com. Not registered yet? Visit the Operator Registration page to get started. If you need help creating a profile or adding your offer, email info@brucegreysimcoe.com.

\*Source: Google Analytics

#### It's Time to Plan Ahead for 2023 With These RTO7 Programs

#### T3 Accelerator

Winter is a great time for mentoring and coaching as you work on your business planning for 2023. T3 Accelerator has been created with the established tourism businesses of BruceGreySimcoe in mind. With the support of volunteer coaches with years of experience in multiple fields, the

program offers coaching support in many areas, including marketing, social media, business planning, human resources, succession planning and more. Best of all, it's FREE to tourism businesses in BruceGreySimcoe!

- Visit our YouTube channel to learn more about the T3 program, its participants and to meet the coaches.
- Have questions or need more info? Visit the T3 Accelerator
   page on our website. You can also email t3@rto7.ca
- Apply now for the program

#### Partnership Program

Are you (like we are), budgeting or working on your marketing plan now for next year? Do you want to make your budget go farther? Contact us NOW to discuss your plans for a video/image shoot, digital marketing campaign, storytelling, social media advertising or any other partnership program. Once the programs roll out in the spring, they fill up quickly and the funds may be gone (or leverage reduced) before you have a chance to apply. Learn more by contacting Alex Hogan, ahogan@rto7.ca.

#### **Tourism HR Canada Survey**

#### Help Shape Recover Planning: Compensation Study Now Open

Tourism HR Canada is conducting a compensation study for the Canadian tourism and hospitality sector. Our aim is to get a comprehensive picture of how tourism business operators think about compensation within the context of COVID-19 recovery, and the ongoing labour crunch affecting the sector. The survey should take about 15-20 minutes to complete and should be completed by a senior member of the management team. For more information and to access the survey, visit this page on the website. If you have questions or need help with the survey, contact Tourism HR Canada at 1-800-486-9158 or info@tourismhr.ca.

### **Funding, Professional Development & Business Support**

Applications for the Canada Summer Jobs (CSJ) Program are now open. Deadline to apply is January 12, 2023. Applicants can seek funding to hire youth between April 24 and September 2, 2023. Approved employers from the not-for-profit sector are eligible for a wage subsidy reimbursement of up to 100% of the provincial or territorial minimum wage. Approved public and private sector employers are eligible to receive a wage subsidy reimbursement of up to 50% of the provincial or territorial minimum hourly wage. Learn more and apply by visiting the Canada Summer Jobs wage subsidy web page.

#### Tracks Employment Services

This community-based, not profit organization is based in Collingwood and is a one-stop employment resource centre in the South Georgian Bay area. Their support is helping to address the many employment challenges now being faced. To learn more about the wide range of free services they provide to the community, including financial incentives for local employers, visit their website.

#### EmployerOne Survey

There's still time for employers to complete the Four County Labour Market Planning Board's survey, which closes on January 31, 2023. The survey is for employers in Bruce and Grey counties, with at least one employee. The 20 questions take about five minutes to complete. For more info and to complete the survey, click HERE. For more information on FCLMPB and the resources and support they offer businesses, check out their website.

#### Discover Disability Network

Join the Discover Ability Network (DAN), a free program, to learn how your organization can benefit from the inclusion of people with disabilities. The program aims to connect businesses to candidates with disabilities. Find resources and training to help your tourism business become more inclusive and connect you with these talented job seekers.

Register **HERE**.

**Learn more** about the Discover Ability Network.

#### **Events**

 January 5, 2023, Webinar: Grow Your Small Business on Instagram, 10 to 11:30 am

This Digital Main Street workshop is a free online webinar for small businesses in Ontario and is geared for those who already have an Instagram account and want to grow on the platform. The workshop explores different ways small businesses are strategically building a following on Instagram and generating sales from their efforts. Participants will leave the webinar with a long list of ideas that can be used right away. Learn more and register on the event web page.

January 17, 2023, Online Winter & Shoulder Season Tourism
 Workshop, 10 am to 12 pm

Looking to create or elevate a revenue-generating idea in winter & shoulder season tourism activities? This inspirational 2-hour workshop, delivered by BC Hughes, aims to assist tourism operators in uncovering their business' potential growth areas within winter/shoulder season tourism. You will receive customized strategies and tangible next steps for winter/shoulder season tourism development for your business, peer-to-peer input, and a 30-minute one-on-one coaching session. Presented by TIAO (Tourism Industry Association of Ontario) and RTO7. Space is limited and available on a first-come, first-served basis. Please email sgonsalves@tiaontario.ca to express your interest.

 March 2, 2023, Destination Bike: Rolling On Cycle Tourism Conference

This is Ontario By Bike's 5<sup>th</sup> conference and is being held in Toronto at the Centennial College Event Centre. Learn from and join the conversations and discussions with keynote presentations and concurrent sessions from Canadian and international speakers that will feature the latest trends and opportunities relating to one of the fastest growing tourism sectors in Canada, and worldwide: cycle tourism.

Learn more and sign up to receive conference updates on the website.

March 6 to 8, 2023, FEO 2023 Conference, "Celebrate"

Registration is now open for Festival & Events Ontario's annual conference, taking place in Niagara Falls. Early bird prices in effect until December 31, 2022.

Learn more, book your hotel room and register on the FEO website.

#### In Case You Missed It

November's Staff Typsy Picks of the Month: RTO7 Connection blog post,
 November 30, 2022

#### **News From Around the Region**

#### **Digital Main Street in Bruce County**

Do you need help with your social media or website? The Bruce County Digital Service Squad Team is available to support you and your business with your digital marketing and online presence. Book your **FREE** meeting with your local Squad member for more info on the program and for one-on-one support:

- Saugeen Shores & Arran-Elderslie: Jack Bender, dssjackbender@gmail.com
- Kincardine, Huron-Kinloss: Luke Price, dsslukeprice@gmail.com
- South Bruce & Brockton: Will LeGrand, dsswilliamlegrand@gmail.com
- Northern & South Bruce Peninsula: Sarah
   Taylor, dsssarahtaylor@gmail.com

Learn more about the Digital Main Street program by visiting the **Huron-Kinloss Hub website**.

#### IN EVERY NEWSLETTER:

#### **RTO7 Programs and Resources**

RTO7 has other programs and resources to help your business recover from the effects of COVID-19, create video and image libraries and more! Click on the links below for more info:

#### Programs

- Partnership Programs
- BruceGreySimcoe Free Training (click on the image below to learn more about Typsy)
- T3 Accelerator
- T3 Accelerator Podcast
  - Tourism Biz Bites from the 7
- Implementation Programs
  - Experience Implementation Program (EIP)
  - Festival Implementation Program (See Operations Implementation Program)
  - Operations Implementation Program (OIP)
  - Recruitment Implementation Program (RIP)
  - Sustainability Inclusivity Program (SIP)
  - Tourism Implementation Program (See Operations Implementation Program)

#### Resources

- Ontario Staycation Tax Credit
- Careers in Tourism
- o RTO7 Industry Events Calendar
- Are You Listed?
  - FREE Tourism Operator Listings on BruceGreySimcoe.com
- Add Your Festival or Event!
  - FREE Festivals and Events Listings on BruceGreySimcoe.com
- Need Help Pushing Out a Promotion?

 FREE Promotions Listings on BruceGreySimcoe.com (complete and up-to-date operator profile required)





# T3 Accelerator Podcast





LEARN MORE

# Careers in Tourism

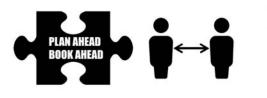


## Ontario Staycation Tax Credit & Your Tourism Business

Learn More

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If you aren't yet subscribed to our newsletter, click **HERE** to stay up-to-date on what's happening in our region.





















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#### **Kelly Lush**

From: Regional Tourism Organization 7 <info@rto7.ca>

**Sent:** December 13, 2022 9:33 AM

To: Kelly Lush

**Subject:** State of the Ontario Tourism Industry Report Released

View this email in your browser



**DECEMBER 13, 2022** 









If you have questions or need more information about this report, please contact TIAO at info@tiaontario.ca.

Today, the Tourism Industry of Ontario (TIAO) and the Ontario Chamber of Commerce (OCC) released the inaugural State of the Ontario Tourism Industry Report, a blueprint for the growth and recovery of the sector.

Ontario's tourism industry is a vital contributor to the economy, representing \$36 billion of the province's GDP. While domestic and inbound travel improved in the latter half of 2022, the industry is not expected to recover from the pandemic until 2025.

This report calls for a comprehensive strategy that addresses workforce development, regulatory burdens, infrastructure deficits and regional disparities. Recommendations were informed by two policy roundtables held in the Summer and Fall of 2022, bringing together tourism operators, industry experts, associations, chambers of commerce, and boards of trade from across the province.

We would like to thank our Lead Partner, Labatt Canada, and our Supporting Partners, Greater Toronto Airports Authority, Ontario Federation of Agriculture, Ontario Tourism Education Corporation, and Seneca College, for supporting this report.

**READ THE REPORT** 

Source: TIAO Newsletter of December 13, 2022

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#### Resources

- Ontario Staycation Tax Credit
- Careers in Tourism
- RTO7 Industry Events Calendar
- Are You Listed?
  - FREE Tourism Operator Listings on BruceGreySimcoe.com
- Add Your Festival or Event!
  - FREE Festivals and Events Listings on BruceGreySimcoe.com
- Need Help Pushing Out a Promotion?
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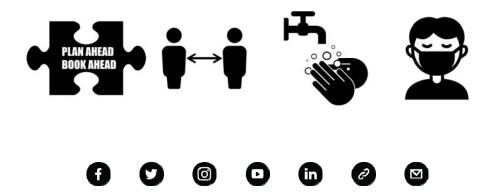


## Ontario Staycation Tax Credit & Your Tourism Business

Learn More

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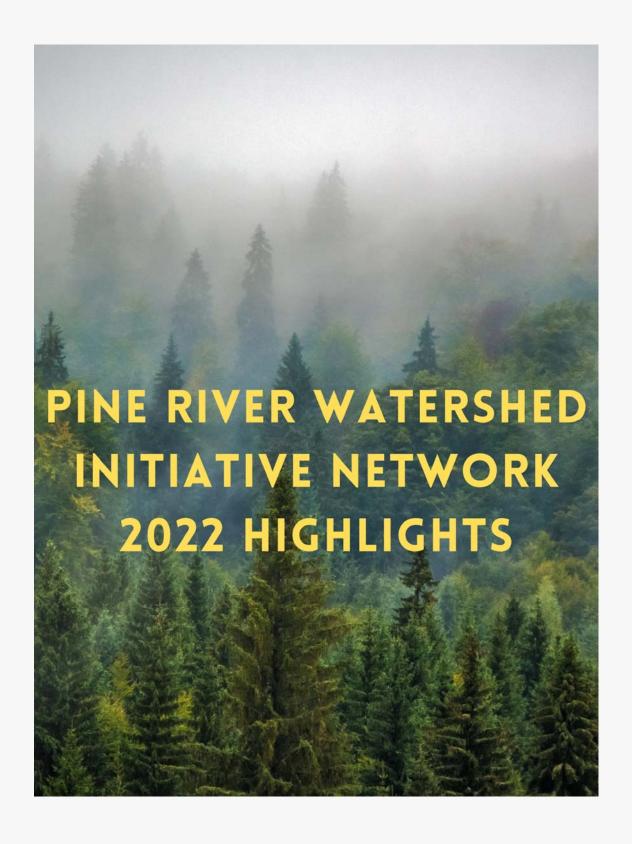
#### **Kelly Lush**

**Sent:** December 12, 2022 12:05 PM

To: Kelly Lush

**Subject:** Pine River Watershed Initiative Network 2022 Highlights





2022 was a challenging year in so many ways. Now that 2023 is only a few weeks away, we can look back at our accomplishments of 2022:

- Spring of 2022, PRWIN completed 4 reforestation sites on farm land in Huron Township.
- Completed a Red Maple Reforestation site with a local land owner that was started in 2021.
- Hosted our PRWIN Spring Seedling Program offering over 80 people personal seedling orders.
- Director Cathy Farrell retired from our board of directors.
- PRWIN welcomed new director Conner Dixon to our committee.
- PRWIN hosted a Sponsorship Day to recognize our sponsors.
- PRWIN organized a seedling planting day with the Ripley 4H
   Conservation Club and provided assistance to support the Ripley
   4H Conservation Club and Ripley 4H Sheep Club.
- This summer, The Ripley & District Horticultural Society's "For Our Youth" coordinated engaging activities for the young club members at the McLarty Centre. The group went on a scavenger hunt, painted rocks in the McLarty shed and went frog fishing to learn about the frog life-cycle. Also, the Ripley Wolf Cub Camp and the Ripley 4-H Conservation Club stopped in to explore in nature.
- PRWIN directors and the 4H Conservation Club teamed up to tidy
  up a mature reforestation site. The volunteers removed old white
  field tiles from the bottom of trees along a fence line, checked tree
  tubex for living/dead trees and fixed stakes to secure them for the
  thriving trees.

- PRWIN Directors and the 4H Conservation Club worked together to spring-clean The McLarty Environmental Study Area. The volunteers removed tubex and stakes from mature trees, trimmed branches, cut grass for pathways, and assisted with spring maintenance of the picnic tables, bird houses and sheds. The McLarty Environmental Study Area is located on Bruce Road 6/Side Road 20 in Huron Kinloss. The area is designed for our community to learn about the Pine River; wetland creation and the education of the local wildlife and plants that this area supports. PRWIN has installed a trail system throughout the area, created two wetland ponds, planted memorial trees, an osprey nest and planted over a thousand tree seedlings. Community groups have enjoyed outdoor classroom experiences at the McLarty location. Local youth groups, clubs and day camps are welcome to experience this opportunity.
- Members of the Ripley 4H Conservation Club received Award of Merit from PRWIN to highlight the importance of their club and to connect with local youth.
- This fall, PRWIN directors and volunteers assisted Maitland
   Conservation Authority by planting 200 white cedar seedlings with a local landowner.
- PRWIN participated in community group webinars:
- Climate Risk Products for Agriculture in Grey, Bruce and Huron
   (Council of the Great Lakes Region and the Climate Risk Institute)

- Lake Huron-Georgian Bay Community Action Initiative series of mini-summits with the topic being 'Lake Huron and Community Perspectives on Fish
- The Grey Bruce Federation of Agriculture Annual Politicians
   Meeting
- Communities in Watershed Action Mini-Summit
- Healthy Lake Huron Meetings October and December 2022
- This spring, PRWIN volunteered at the Lake Huron Coastal Centre -Boiler Beach Restoration Project. Also, PRWIN attended two webinars hosted by Lake Huron Coastal Centre Webinars for the Boiler Beach Project.
- Spring maintenance of rain garden at the Ripley Library.
- PRWIN's quarterly newsletters sent to PRWIN community members.
- PRWIN submitted an article in The Rural Voice Grey
   Bruce Federation of Agriculture and Healthy Lake Huron newsletter.
- PRWIN attended the Bruce County 4H Club Awards Banquet.
- PRWIN sponsored community events: Public Skating, Free Tree
  Raffle, milkweed seeds for community members and for a monarch
  habitat at the McLarty Centre and participated at the Ripley Huron
  Fall Fair with an information vendor table.
- This summer, long time past PRWIN Chairperson/Director and volunteer, Jack Campbell passed away. Jack Campbell was a

member with our organization for over 20 years. Jack was one of the co-founders of PRWIN when it was started in 2000 by a group of citizens concerned about the water quality in the Pine River. Jack gave countless volunteer hours to our organization along with many other community groups. PRWIN Directors respected Jack and his vision for the Pine River Watershed. PRWIN would not be where we are today without his leadership and dedication to our vision of "Clean water and a healthy ecosystem within the Pine River watershed." Jack was the lead director to establish the PRWIN constitution for our non profit organization and he helped to connect farm owners and cottagers to preserve our community watershed.

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#### December 9, 2022

#### Wingham and District Hospital Emergency Department Closure Notice

As a result of healthcare staff shortages, the Wingham and District Hospital Emergency Department will be temporarily closed from Saturday December 10<sup>th</sup> at 9:00 pm to Sunday December 11<sup>th</sup> at 7:00 am.

Patients are asked to call 911 if they have a medical emergency. Emergency Medical Services (EMS – Ambulances) will remain available to the community and will be re-routed to surrounding hospitals to ensure local residents continue to have access to the emergency services they need.

For non-urgent health care call Health Connect Ontario at 811, which is available 24/7 for non-emergency health-related questions.

The closest hospitals are:

- Listowel
- Clinton
- Goderich
- Palmerston
- Seaforth
- Kincardine
- Walkerton

This is a temporary measure and our staff, board, physicians and leadership regret that we have to take this step. We are thankful for the support of our staff and physicians and appreciate the community's patience and understanding during this time.

#### **Media Contact:**

Karl Ellis, President and CEO Listowel Wingham Hospitals Alliance Karl.ellis@lwha.ca 519-291-3120 Ext 6221.