



# What We Need

## Dedicated Pickleball Courts at the Point Clark Community Centre



Doug Powers  
On behalf of the Point Clark Pickleball Club

# Why Dedicated Pickleball Courts in Point Clark?

- Pickleball is the fastest growing sport in Huron-Kinloss
- There are no DEDICATED outdoor Pickleball courts in Huron-Kinloss
- Point Clark is the EPICENTRE of Pickleball in Huron-Kinloss
- Current Pickleball “courts” are on the asphalt parking lot of the Point Clark Community Centre and only available from 9am till noon Monday to Friday
- Pickleball is inclusive, fun, easy to learn, inexpensive, low-impact and provides many health and social benefits to individuals and communities
- 1.4 million Canadians play pickleball regularly according to a Pickleball Canada survey, up 40% over the last 2 years.

# Why Is Pickleball So Popular?

Everyone and their mother seems to be playing. What's the draw — and is it really a workout?

JANUARY 17, 2024

## How Pickleball Became America's Fastest-Growing Sport

### This Study Just Explained Why Pickleball Is So Popular, And No It's Not Just Because Of The Cute Outfits

A new study reveals that the popular sport may be more than just a fun workout.



by **Julia Ries**  
HuffPost Contributor

### Pickleball popularity exploded last year, with more than 36 million playing the sport

PUBLISHED THU, JAN 5 2023-8:00 AM EST | UPDATED THU, JAN 5 2023-2:09 PM EST

### Pickleball Delivers A Wide Range of Health Benefits - Discover How It Lifted One Woman's Serious Depression

Story by Risa Doherty and Stacey Colino • 8mo • 7 min read

# WHAT IS PICKLEBALL, AND HOW DID IT BECOME SO POPULAR?



BY JACOB FELDMAN

March 13, 2023 12:01am



## Pickleball craze has Canadians of all ages headed for court

Dan Barnes • Postmedia\*

## The 1 Unexpected Health Benefit Of Playing Pickleball

*A new study reveals that the popular sport may be more than just a fun workout.*

By **Julia Ries**

Oct 24, 2023, 05:45 AM EDT | Updated Oct 25, 2023

### Why Is Pickleball So Popular (and Such Great Exercise)?

Ari Cofer | May 3, 2023 | Fact Checked

### 'Move over' tennis! New England author explains why pickleball is America's fastest growing sport

Connecticut Public Radio | By **John Henry Smith**  
Published August 11, 2023 at 12:58 PM EDT



# What We Have

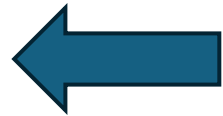
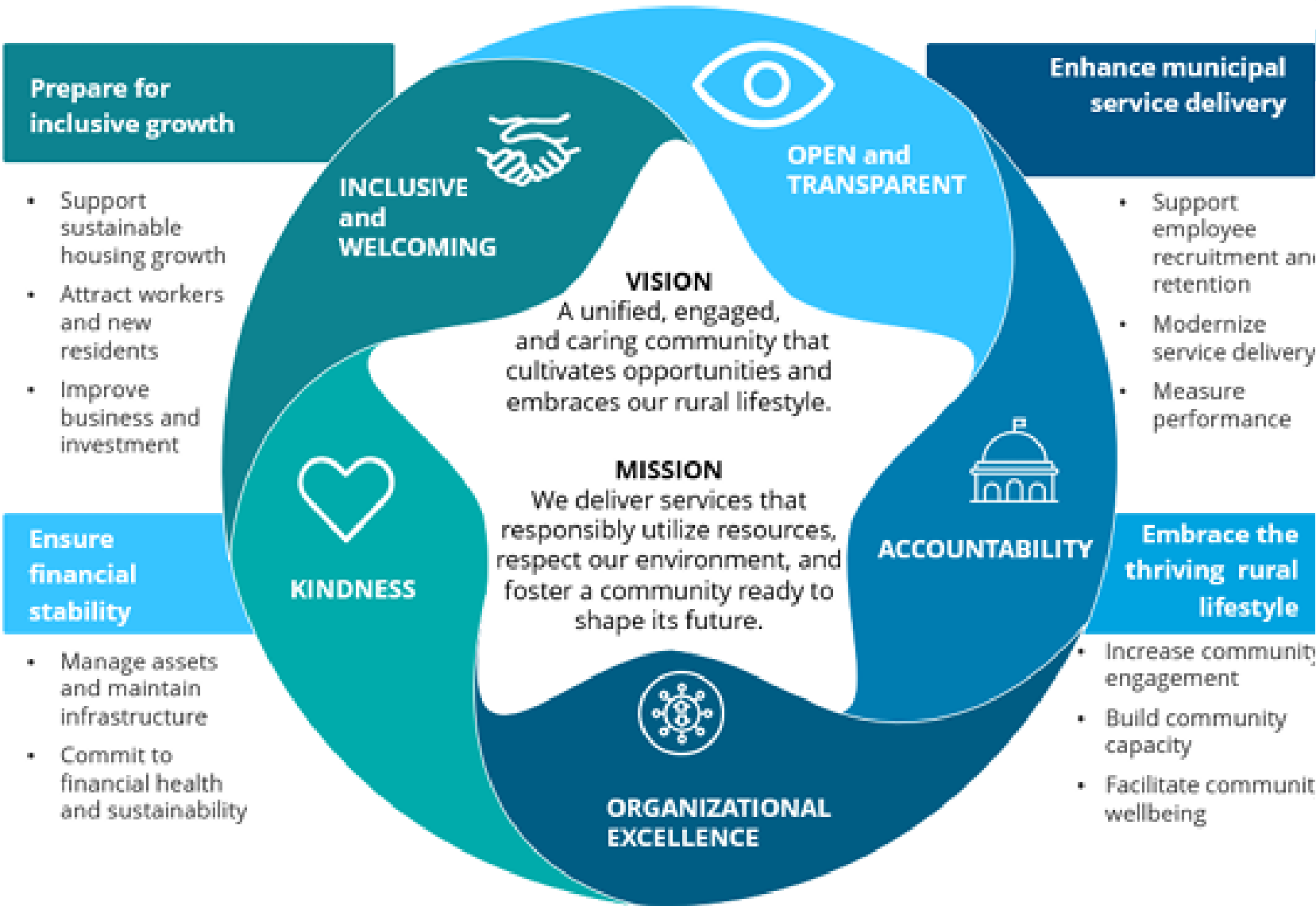


Point Clark Pickleball Courts

# What We Need



Goderich Pickleball Courts



# Pickleball Courts in PC Consistent with HK Vision, Mission and Integrated Master Plan

## *Embrace the Thriving Rural Lifestyle*

- **Goal #1: Encourage Strong Communication and Community Engagement**
  - Obj. #2: Improve Engagement Planning and Two-way Communications
  - Obj. #3: Increase Success of Marketing and Promotion
- **Goal #2: Build Community Capacity**
  - Obj. #1: Support Volunteerism and our Community Groups
- **Goal #3: Facilitate Community Well-Being**
  - Obj. #1: Enhance Programming
  - Obj. #2: Augment Community Planning and Encourage Collaboration

## *What Pickleball means to H-K*

- **Presenting to H-K council**
- **Interaction with Director of Community Services**
- **Promotion of Parks-Trails survey**
- **Significant opportunity to market dedicated PB courts, Point Clark as lifestyle choice in H-K**
- **PCPBC willing to provide training/coaching programs**
- **We could manage the PB program as a certified PBO club**
- **As a PBO club we could volunteer at larger H-K events such as Music-in-the-fields**
- **PCPBC drives Social, Health benefits**
  - **Tournaments, bike rides, lunches, campfires**
  - **Excellent cardio, improved balance, hand-eye coordination, flexibility, mental health**

# How can we Help?

- **Can we participate on township committee(s)?**
- **Can we help with obtaining grant monies?**
- **Can we help secure corporate sponsors?**
- **Can we help build the plan for dedicated pickleball courts in Point Clark?**
- **Would it help for us to reach out to other towns(ships) councils to obtain their dedicated Pickleball court project plans?**
- **Should we formalize ourselves as a membership club with Pickleball Ontario, Pickleball Canada?**





**And in conclusion ...**

## **WHAT PICKLEBALL MEANS TO US in POINT CLARK:**

- **Community Involvement, drives Community Spirit**
- **Social Interaction**
- **Making new Friends, creates Fellowship, a sense of belonging**
- **Exercise - hand/eye coordination, balance training, cardio, more**
- **Convenience of local venue for those that work from home**
- **FUN! FUN! FUN!**



# Appendix

Actual comments from many of the Point Clark Pickleball Club Members

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

FOR ME IT MEANS COMMUNITY INVOLVEMENT,  
EXERCISE, MAINTAINING THE PICKLEBALL AREA,  
FRIENDSHIP, AND MOST OF ALL, LOUD LAUGHTER

00

First name: ROB FERRACIONI (optional). Age: 61 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? YES  
Would you consider having a video made of yourself sharing what pb means to you? YES

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Everything! Exercise, laughter, all inclusive,  
fun, fun, fun.

First name: Martha (optional). Age: 67 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? \_\_\_\_\_  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

- exercise  
- social connections - friends  
- fun

First name: Julie (optional). Age: 58 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? \_\_\_\_\_  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

EXCELLENT SOCIAL GATHERING.  
EXCELLENT WORKOUT

First name: JOE (optional). Age: 63 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? N  
Would you consider having a video made of yourself sharing what pb means to you? N

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

PICKLE BALL IS A FUN TIME, GOOD EXERCISE AND GOOD SOCIAL INTERACTIONS!  
A GOOD TIME ALL AROUND!

First name: BUDY (optional). Age: 71 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?      
Would you consider having a video made of yourself sharing what pb means to you?    

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Can get to the courts quickly to get a really great workout and have a few laughs. I still work, so driving to Ripley or Lucknow would mean I cannot play most days.

First name: Brenda (optional). Age: 53 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? no - get mike to do this  
Would you consider having a video made of yourself sharing what pb means to you? no - do this

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process.  
Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Very social sport, Good Exercise,  
Builds community spirit, good source of  
income for community, attracts people of  
all ages, affordable for all people  
encourage events, builds confidence in  
many aspects

First name: Rino (optional). Age: 60 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?   
Would you consider having a video made of yourself sharing what pb means to you?

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process.  
Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Excellent workout and great to socialize  
with our community. Great for hand/eye  
coordination as we age. Nice to see all ages  
playing too.

First name: Heather (optional). Age: 54 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?   
Would you consider having a video made of yourself sharing what pb means to you?

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process.  
Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

PICKLEBALL IS A GREAT FORM OF AEROBIC EXERCISE  
THAT CHALLENGES AND ENHANCES HAND/EYE COORDINATION  
MORE IMPORTANTLY IT PROVIDES A MEANS OF FELLOWSHIP  
AND COMMUNITY ALLOWING AN OPPORTUNITY TO GROW  
MY NETWORK OF FRIENDS WHILE HAVING FUN AND  
GETTING HEALTHY.

First name: Brian (optional). Age: 54 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?   
Would you consider having a video made of yourself sharing what pb means to you?

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

\*social  
\*EXERCISE  
\*FUN  
\*love the bike ride to the courts!  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

First name: \_\_\_\_\_ (optional). Age: 59 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? \_\_\_\_\_  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

TO KEEP IN SHAPE, AND GET TO KNOW PEOPLE IN  
OUR AREA. I LIKE THE COMPETITION OF THE SPORT  
I LIKE WORKING TO MAKE THINGS BETTER.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

First name: STEVE JOHNSON (optional). Age: 70 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? \_\_\_\_\_  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Pickleball is all about exercise, fresh air, social  
and fun, its the laughter in the air  
genuine encouraging words and friends  
you meet on the way. its a feeling of belonging  
I can run or bike on my own but something was  
missing - the social was missing. This was the missing  
piece to a happy, healthy,  
life

First name: Rose (optional). Age: 60 1/2 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? \_\_\_\_\_  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Pickleball keeps me active at 71.  
We have formed a very nice social circle  
I have met so many people I never would have met.  
It is so nice to have courts that I can bike to.

First name: Cheryl (optional). Age: 71 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?   
Would you consider having a video made of yourself sharing what pb means to you?

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Pickleball is an activity that can appeal  
to everyone - young & old. It means exercise, fun &  
community to me.  
In P.C. we have players aged 14-82 years. That  
demonstrates how diverse it is!

First name: NANCY (optional). Age: 65 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you?   
Would you consider having a video made of yourself sharing what pb means to you?

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

I LOVE THE CONTROVERSY  
THE EXERCISE IS EXCELLENT  
THIS SPORT IS EXCELLENT AND NEEDS A  
PROPER PLAYING AREA

First name: DAVID (optional). Age: 72 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? NO  
Would you consider having a video made of yourself sharing what pb means to you? NO



We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

EXERCISE - FUN - (MENTAL / PHYSICAL)  
GREAT COMPANIONSHIP = POSITIVE MINDSETS  
KEEPS AGE AT BAY?

First name: Russ (optional). Age: 45 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? SURE  
Would you consider having a video made of yourself sharing what pb means to you? SURE

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Before pickleball I didn't know many people  
in Point Clark, now I feel like I have a community.  
Also I've lost 5 pounds!

First name: MIKE (optional). Age: 50 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? ✓  
Would you consider having a video made of yourself sharing what pb means to you? ✓

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

Good exercise!  
Great social interaction!  
Very good community interaction, lots of fun,  
spurs planning of other community events such  
as bike rides to Kincardine, fire nights, PB tournaments,  
group lunches. Super group we have in Point Clark!!

First name: Doug (optional). Age: 64 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? yes  
Would you consider having a video made of yourself sharing what pb means to you? \_\_\_\_\_

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

OPPORTUNITY FOR SOCIAL INTERACTION AND PHYSICAL ACTIVITY. I LOVE ENGAGING PEOPLE IN THIS ENVIRONMENT. I WOULD LIKE TO SEE DEDICATED PICKLEBALL COURTS AND AN INCREASED AMOUNT OF PLAYERS IN HURON-KINLOSS. I PLAY A LOT IN OAKVILLE AND FLORIDA AND PICKLEBALL IS AN "ALL AGES" SPORT THAT ALLOWS ME TO CONNECT WITH BOTH YOUNGER AND OLDER PLAYERS.

First name: Jeff (optional). Age: 58 (optional)

Would you consider having an audio made of yourself sharing what pb means to you?

Would you consider having a video made of yourself sharing what pb means to you?

Opportunity for social interaction and physical activity. I love engaging people in this environment. I would like to see dedicated pickleball courts and an increased amount of players in Huron-Kinloss. I play a lot in Oakville and Florida and pickleball is an "All Ages" sport that allows me to connect with both younger and older players.

Name: Jeff

Age: 58

We thought it might be nice to show a sampling of everyone's thoughts when we delegate for future pickleball courts at a HK Council meeting thereby including you in the process. Please consider sharing ..... **WHAT PICKLEBALL MEANS TO ME!**

A social pastime  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

First name: Ty (optional). Age: 21 (optional)  
Would you consider having an audio made of yourself sharing what pb means to you? Yes  
Would you consider having a video made of yourself sharing what pb means to you? Yes

A social pastime.

Name: Ty      Age: 21